Recreation Programs

WINTER 2017/2018

COLUMBIA HEIGHTS
REDISCOVER THE HEIGHTS

Taste of Columbia Heights Holiday Kick-Off

Friday, November 17th 6:00 - 9:30 p.m.
Free admission. $2 per ticket per food sample.
John P. Murzyn Hall - 530 Mill St.

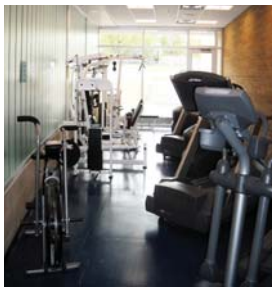
Local Food: • Adama Restaurant & Awash Bakery • Sara's Tipsy Pies • Karta Thai • Roman's Cafe • Sarna's Classic Grill • Noodles & Company • Tasty Pizza • El Tequila Mexican Grill & Bar • Big Marina • La Casita • Heights Bakery • Community Grounds

MEET YOUR COMMUNITY, TRY NEW FOODS, PLEASE JOIN US!

This special community event is meant for everyone! Sample foods from many of our local restaurants! The would love for you to stop by for a quick bite to eat or stay the whole evening and enjoy everything this wonderful event has to offer. Music from New Dawn (Nuevo Amanecer), Scott Skaja & the Murzyn Hall Singers and Band; featuring 2017 Heights Idol winners and CA student band, FREE wine and beer tasting from the CH Liquor Stores, Full cash bar provided by the Lion's Club. Silent Auction. CH Athletic Booster raffle. FREE face painting for kids. Event sponsored by CH Recreation, CH Lions, CH Athletic Boosters, and CH Activity Fund. Questions call 763-706-3733.

HYLANDER CENTER

City Fitness Facility - 1300 49th Ave.



The exercise room contains 2 treadmills, 3 elliptical machines and various weight machines. Open gym, when not in use for programming, for basketball, and volleyball. Hylander Center - East Door #38 on the North side of CH High School.

WHO: Adults & Youth, Residents/Non-Residents

WHEN: Monday - Friday 9:00 - 11:00 a.m.
Mondays - Thursdays 6:00 - 8:30 p.m.
Closed if hosting a tournament and on holidays
Calendar available at www.columbiaheightsmn.gov

PARKING: Directly across 49th Ave. there are designated marked stalls for Hylander Center users.

COST: $1 Daily drop in
$10 monthly pass for adult Residents
$20 monthly pass for adult Non-Residents

Boys Basketball Grades 2 - 6

This North Metro Youth Basketball league will focus on instruction, skill development, and organized games with referees. Games will be on Saturdays, and Sundays, at school gyms in Spring Lake Park, Coon Rapids, Blaine, and Anoka. Uniforms included. Practices held at the Hylander Center. Volunteer coaches are needed. **Registration Deadline November 22,** as teams need to be submitted to the league.

When: Boys season December - March. Practice schedule to be determined by coach. Practices will typically be held one or two weeknights.
Boys Grades 2 - 6: December - March **Fee:** $45
Registration info on page 9

ONLINE REGISTRATION www.chreconline.org
Check out our City website: www.columbiaheightsmn.gov
Like us on Facebook:
Facebook.com/ColumbiaHeightsRecreation/MurzynHall

Recreation Information

C.H. Recreation Department
530 Mill Street N.E.
John P. Murzyn Hall
763-706-3730
Office Hours: Monday through Friday,
8:00 a.m. to 4:30 p.m.
The office will be closed on
November 10, 23, 24,
December 25 & 26, 2017,
January 1, 17 & February 19, 2018

Recreation Hotline

To better serve the residents of Columbia Heights, the Recreation Department maintains an information and weather phone line. Call (763) 706-3737 anytime, twenty-four hours a day, for a recorded message regarding recreation programs and activities. In the event of inclement weather, facility closure and program cancellation information will also be presented. A decision will not be made for evening programs until 4:00 p.m. Call our information line at (763) 706-3737.

For Sale!
Heights Athletics Sweatshirts Youth & Adult Sizes - $20 - available at the Recreation Office

Columbia Heights Recreation Mission Statement

The mission of the Columbia Heights Recreation Department is to provide recreational and service opportunities for all ages.

REGISTRATION INFORMATION

Online: www.chreconline.org. In person or via mail at Columbia Heights Recreation, John P. Murzyn Hall, 530 Mill Street N.E., Columbia Heights, MN 55421. Drop box after hours is on the east side of building. You may also register over the phone for most activities with a Discover, Visa, or Master Card payment by calling 763-706-3730.

•Please make checks payable to: City of Columbia Heights.

•Confirmation: Assume registration is confirmed. You will be notified only if the class is canceled or already filled. Online registrations will be placed on a waitlist if full.

Participants Scholarship:

Apply at the office for assistance if unable to pay for an activity. The scholarship will cover 75% of the program fee (maximum discount is $25); the remaining 25 percent needs to be covered by the participant's parent or guardian. Please bring a copy of your Federal income tax or school district free lunch form for verification. Only one scholarship per child per newsletter.

John P. Murzyn Hall Rental Information

John P. Murzyn Hall (JPM), operated by the Recreation Dept., is available for rental by the general public during non-programmed times. Reserve JPM for wedding receptions, meetings, parties, banquets, etc.

Our facility offers a spacious banquet hall that comfortably accommodates groups of up to 375 people. Several meeting rooms are also available for rentals. See more photos of Murzyn Hall on our website at: www.columbiaheightsmn.gov

We invite you to tour our facility or call 763-706-3737 for the Murzyn Hall information line. Reservations may be made Monday through Friday from 8:00 a.m. to 4:45 p.m. at 763-706-3734, or in person at the Recreation Office located in Murzyn Hall.

PARK RESERVATIONS

The City of Columbia Heights has established a Park Reservation Fee. Reservations will begin on the first business day of each year. A permit must be filled out with the Recreation Office. Fees including tax, are as follows and due at time of reservation:

Residents: $45 **Non-Residents:** $65

Large Groups 100 people or more: $110

Photos:
Sullivan Lake Park &
Huset Park West

NEIGHBORHOOD EVENT WAGON

The Neighborhood Event Wagon is for residents of Columbia Heights to use. It will be delivered and picked up by the Recreation Department. Reservations will begin on the first business day of each year.

Reservation Fee: $40

Make reservations at the Recreation Department 530 Mill Street or by calling 763-706-3730. Payment is required at time of reservation.

FREE - Youth After School
Supervised Open Gym Hylander Center
1300 49th Ave. Door #38

Mondays: Columbia Academy
3:30 - 5:30 p.m. **School Photo ID required.*

Thursdays: CH High School
3:30 - 5:30 p.m. **School Photo ID required.*

This is an opportunity to keep youth active and give them an alternative activity after school. Questions contact Recreation 763-706-3730.

Park & Recreation Commission

Chair: David Payne
Commission Members: Ann Carder, Sean Clerkin, Jr., Bruce Evans, Tom Greenhalgh, Kevin McDonald, & Marsha Stroik
Council Representative: Connie Buesgens

Photo Policy:

Photographs and videos are periodically taken of participants while they are engaged in programs, special events, or enjoying the parks. Please be aware that these photos may appear in the local newspapers, on local cable television, and/or Recreation Department publications.

JOIN US! The **Columbia Heights Boosters** need your help supporting youth activities and athletics in Columbia Heights!! Monthly Meetings: 3rd Wed. of every month 7 p.m. @ Murzyn Hall. Bingo, Meat Raffles, Pull Tabs, and FUNDRAISING OPPORTUNITIES! http://chathleticboosters.com www.facebook.com/ColumbiaHeightsBoosters

4 Youth School Release Trips

***Register online at www.chreconline.org**

Wild Chutes Snow Tubing @ Wild Mountain Wednesday, December 27

Wild Chutes Snow Tubing offers several lanes of fun including one lane set-up for double wide chains! It's great fun! Come on out and play! It's fun, it's easy, and much better than sliding in your backyard. Imagine the thrill of cruising down one of our specially formulated tubing lanes alone or with a group of friends and then effortlessly getting to the top of the hill on our conveyor lift. You just stand on it with your tube and allow it to do all of the work to pull you to the top of the mountain.
No experience or special equipment is needed. Just hop in your snow tube and enjoy the ride! Bring bag lunch or money for concessions. Dress for the weather! Min 25/Max 50. Registration deadline Dec. 20.

Who: 4th-9th grade **When:** Wednesday, December 27
Drop off & Pick up, Murzyn Hall **Drop-off:** 9:45 am **Bus leaves:** 10:00 am **Pick-up:** 3:45 pm
Fee: $10 **Activity #** 2407-17

Minneapolis Institute of Arts * FREE TRIP !!!

Thursday, December 28

Grades 7 - 12 will tour the museum from 10:00 am - 12:30 pm. Lunch at Quang Restaurant just a few blocks away (bring your own money to pay for your food). **Must Pre-Register** and register early to ensure group reservation! Reg deadline Dec. 18. Min 25/Max 50

Who: 7th - 12th grade **When:** Thursday, December 28
Drop off & Pick up at Murzyn Hall **Drop-Off:** 9:30 am **Bus Leaves:** 9:40 am **Pick-up:** 2:30 pm
Fee: FREE **Activity #** 2401-W17

**This program is partially funded with a grant from the Minnesota Department of Education using federal funding, CFDA 84.287, Every Student Succeeds Act, Title IV B-21 Century Community Learning Centers. The content of this program do not necessarily represent the policy of the federal Department of Education or the Minnesota Department of Education.*

Skiing @ Wild Mountain Friday, December 29

Have you been thinking how much fun it would be to learn how to ski, but just haven't had the chance? Learn to ski with the help from Wild Mountain ski instructor professionals. This special offer includes your lift ticket, ski equipment rental and required lesson for only $16!

If you already know how to ski or snowboard you must test out with an instructor. Come along and experience the different level slopes with your friends at Wild Mountain. Bring a bag lunch along or money for concessions. Dress for the weather. Reg deadline Dec. 22. Min 25/Max 50.

Who: 4th-8th grade
When: Friday, December 29 Drop off & Pick up at Murzyn Hall
Drop-off: 9:15 am **Bus leaves:** 9:30 am **Pick-up:** 3:30 pm
Fees: $16 lift ticket, equipment, and lesson included! **Activity #** 2409-17

Children's Theater Company "The Wiz" * 5th-12th grades, Friday, February 9

Bring bag lunch. Our group will have a talk back with the actors after the performance. **Must Register** early to ensure group reservation! **Reg deadline December 29.**

Who: 5th - 12th grade **When:** Friday, February 9
Drop off & Pick up at Murzyn Hall **Drop-Off:** 9:20 am **Bus Leaves:** 9:30 am
Pick-up: 2:00 pm **Fee:** $5 **Activity** # 2402-w18

Park Square Theater "Diary of Anne Frank" * 6th -12th grades, Monday, March 26

Talk back with actors after performance. Bring bag lunch. **Must Register** early to ensure group reservation! **Reg deadline January 31.**
Who: 6th - 12th grade **When:** Monday, March 26
Drop off & Pick up at Murzyn Hall **Drop-Off:** 9:00 am **Bus Leaves:** 9:10 am
Pick-up: 1:45 pm **Fee:** $5 **Activity** # 2403-w18

Guthrie Theater "Familiar" * 9th-12th grades, Wednesday, March 28

A boisterous family drama; a feisty, heart-warming play about a Zimbabwean-American family preparing for their daughter Tendi's wedding. Talk back with actors after performance. Eat lunch on own prior to trip. **Must Register** early to ensure group reservation! **Reg deadline January 31.**

Who: 9th - 12th grade **When:** Wednesday, March 28
Drop off & Pick up at Murzyn Hall **Drop-Off:** 12:10 pm **Bus Leaves:** 12:15 pm
Pick-up: 4:00 pm **Fee:** $5 **Activity** # 2404-w18

**This program is partially funded with a grant from the Minnesota Department of Education using federal funding, CFDA 84.287, Every Student Succeeds Act, Title IV B-21 Century Community Learning Centers. The content of this program do not necessarily represent the policy of the federal Department of Education or the Minnesota Department of Education.*

SIGN UP FOR PROGRAMS AT WWW.CHRECONLINE.ORG

12th Annual CH Sister Cities International Young Artist Showcase

We are searching for local students 13-18 years of age to participate in the 2017 Young Artist Showcase. This year's theme is "We're Going Places". Local winners will receive prizes and first place winners will have the opportunity to move on to the national level. Last year's local first place winners; artist Rezkath Awal received $100 and her work moved on to the national level. Local runners up Kuri Cordova and Johny Castro Gutierrez.

Youth Art Exhibition at CH High School in March, date to be determined. (local judging)
This wonderful community is event open to everyone. Come enjoy the art exhibit, local judging, and treats. Winners will be announced at the exhibition. Sponsored by the CH Recreation Dep. and the CH Sister Cities. For information call the Recreation Dept. at (763) 706-3733.

GYMNASTICS

We are pleased to welcome our new Gymnastics instructors, Danielle Lindstedt & Connie Alvarez. Attire: leotard or fitted tank top and athletic shorts, hair pulled back. No jewelry, shoes/socks.
Class Location: John P Murzyn Hall - Edgemoor Room (lower level).

Wednesday classes: January 17th – March 7th

Koalas & Adult: (18 mo-2 yrs w/adult) 4:15–4:45pm Wed. Jan. 17-March 7 Fee: $35 **Activity** #1199-w18
This class is a great starter class for children not ready to leave mom's side. Children will learn the basics of balance, strength, and flexibility while practicing listening skills, taking turns, and cooperative play.

Monkeys: (3-4 years old) 4:45 – 5:15pm Wednesdays Jan. 17-March 7 Fee: $35 **Activity** #1200-w18
This class will work on developing gymnastics skills, strength, and flexibility while developing the basic skills and knowledge that will lay the foundation for future classes. We will also be working on listening, taking turns and cooperative play.

Lions: (5-8 yrs, no experience) 5:15 – 5:45pm Wed. Jan. 17-March 7 Fee: $35 **Activity** #1201-w18
This class will work on developing gymnastics skills, strength, and flexibility while developing the basic skills and knowledge that will lay the foundation for more advanced classes.

Tuesday classes: January 16th – March 6th

Rollers (Lvl 1): (5-8 yrs old) **4:30 – 5:15pm Tuesdays Jan. 16-March 6 Fee:** $40 **Activity** #1202-w18
This class builds on knowledge gained in previous gymnastics classes. We will be working on basic floor skills such as rolls, handstands, cartwheels, and jumps as well as beginning skills on beam and bars.

Turners (Lvl 2): (5-9 yrs old) **5:15 – 6:00pm Tuesdays Jan. 16-March 6 Fee:** $40 **Activity** #1203-w18
This class will focus on building existing gymnastics skills to prepare them for the next class level. We will continue to work on floor skills such as jumps and basic tumbling on beam, low bar work and beginning vaults.

Twisters (Lvl 3): (6-10 yrs old) **6:00 – 7:00pm Tuesdays Jan. 16-March 6 Fee:** $45 **Activity** #1204-w18
This class will focus on building gymnastics skills from previous class levels. We will incorporate higher level tumbling skills and more advanced work on beam, vault and bars.

***Register for programs online at www.chreconline.org**

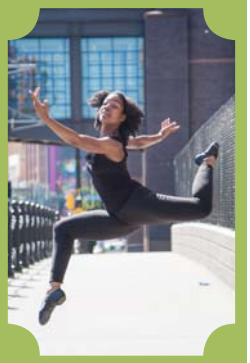
Custard, Sprinkles & a Holiday Performance

The evening will begin with a holiday play performed by local Middle School Youth. Have your picture taken with Santa. Then join Santa and his elves for delicious custard all the way from the North Pole, topped with holiday sprinkles and cookies. Santa always welcomes an opportunity to enjoy a festive treat with the kiddies of Columbia Heights! **Bring an unwrapped gift to be donated to SACA.** Min 15/Max 50. Registration Deadline: Dec 9.
PRE-REGISTRATION REQUIRED

When: Tuesday, December 12 **Time:** 6:00 pm - 7:30 pm
Where: Murzyn Hall main hall
Who: 3 yrs. old and up with a parent
Fee: $7 **Activity #** 2603-17

*** Bring an unwrapped gift to be donated to SACA.**

NEW DANCE CLASSES!!!



Leanna Browne holds a B.A. in Psychology and Special Major in Dance & Black Studies from Swarthmore College. She was fortunate to work with different choreographers such as Idan Porges and Hadar Katz and was active in Rhythm 'n' Motion (RnM), the Tri-College student dance company rooted in the styles of the African Diaspora. As an emerging professional artist, she is delving deeper into performance, choreography, and teaching, with special interest in using dance for social change. In 2017, Leanna received her M'Singha Wuti-level certification in Umfundalai, a contemporary African dance technique, which enables her to share Umfundalai with recreational dance communities. She enjoys bringing her knowledge of different dance forms to youth as a teaching artist and witnessing them experience the powerful benefits of dance! Max 15.
Class Location: John P Murzyn Hall - M/M Room & Edgemoor Rm (lower level).

Creative Movement & Dance Exploration **(5th-8th grade students) * Class held in M/M Room**
This class explores creative expression through movement. Instead of focusing on one type of dance, we will draw on different genres to delve into the breadth of dance. Through creative movement activities, improvisation, and other exercises, students will be encouraged to play, move through their unique voice, build community, and have fun!
Session I – Wednesdays, Nov 15 - Dec 13, 6:30 – 7:45 pm Fee: $10 **Activity #1216-W17**
Session II – Wednesdays, Jan 31 - Feb 28, 6:30 – 7:45 pm Fee: $10 **Activity #1216-W18**

African Dance: Umfundalai **(9th – 12th grade students)* Class held in Edgemoor Room**
This class introduces students to Umfundalai (MA-FOON-DAH-LAH), a contemporary African dance technique. Students will learn the history of the technique and explore the core movements. Through activities and exercises that build upon each other, students will gain a holistic experience in African dance and have fun in community with one another!
Session I – Wednesdays, Nov 15 - Dec 13, 7:45 - 9:00 pm Fee: $10 **Activity #1217-W17**
Session II – Wednesdays, Jan 31 - Feb 28, 7:45 - 9:00 pm Fee: $10 **Activity #1217-W18**

**This program is partially funded with a grant from the Minnesota Department of Education using federal funding, CFDA 84.287, Every Student Succeeds Act, Title IV B-21 Century Community Learning Centers. The content of this program do not necessarily represent the policy of the federal Department of Education or the Minnesota Department of Education.*

DANCE

We are pleased to welcome our new Dance instructor, Miss Jen. Learn fundamental ballet & jazz technique, play games, and have fun! Miss Jen has a BA in dance and Communications studies, is a mom of 2, and has been involved in dance for 35 years! Students will dance along to their favorite songs. Watch their skill and confidence grow each week. MINI-RECITAL INCLUDED! Every dancer will perform a final routine for family & friends. Students must wear dance or athletic attire. Ballet, jazz or tennis shoes required. **Class Location: John P Murzyn Hall - Edgemoor Room (lower level).**

Mondays: February 5 - April 2 *No class Feb 19 (8 sessions)

Preschool & 4 years old **5:00pm – 5:45pm Fee:** $40 **Activity** #1210-w18
This group will dance along to the music of "Trolls", so hair up and have FUN!!! Learn fundamental ballet & jazz.

Kindergarten & 1st Grade **6:00pm – 6:45pm Fee:** $40 **Activity** #1211-w18
Dance along to the music of "Moana", experience Island Time and lots of FUN!!! Learn fundamental ballet & jazz.

2nd – 5th Grades **7:00pm – 7:45pm Fee:** $40 **Activity** #1212-w18
Miss Jen will focus on dancing along to age appropriate Hip-Hop and The Hits! Learn fundamental ballet & jazz.

WRESTLING

The CH Youth Wrestling program is gearing up for another season and would like YOU to join in on the fun! This program is for new and experienced wrestlers. Learn basic wrestling techniques such as takedowns, throws, and pinning combinations. Members compete in team events and are afforded other opportunities to compete individually in tournaments throughout the season. Please contact the Recreation office if you would be willing to help volunteer coach. Practice days determined by coaches.

Who: 2nd - 8th Grades **When**: late November – March
Time: To be determined by coach availability. Practices generally will be 2 days a week with possible weekend meets.
Fee: $45 & $40 uniform deposit
Held at the CH High School Wrestling Room and NE Minneapolis
Activity # 1600-17

***Register for programs online at www.chreconline.org**

Martial Arts

Instructors, Thomas & Elvira Malone, have been in Tae Kwon Do for 30+ years and teaching for about 25 years. Thomas is a 6th Dan (degree black belt in Tae Kwon Do and a 5th Hopkido black belt.

Little Tigers Kids ages 3-6

Learn basic kicks, punches and strikes through a variety of exercises and fun games. Develop coordination & flexibility with peers. Promoting focus, discipline and respect. This class is a great personal tool to carry into future.

Who: Youth Ages 3 - 6 years old Min 8/Max 20 4 week classes
Time: 5:30 - 6:00 pm **Where:** Edgemoor Rm, lower level Murzyn Hall

When: Winter Session: Thursdays, Jan. 18 - Feb. 8 **Activity** # 2231-W18 **Fee:** $37

When: Spring Session: Thursdays, March 1 - 22 **Activity** # 2234-w18 **Fee:** $37

Tae Kwon Do Ages 6 & up

This Martial Arts program teaches participants (beginner to advanced) the skills of Tae Kwon Do along with its historical perspective. Participants learn self-defense, kicks, stances and Tae Kwon Do Hyung (form Chon Ji). Students will be trained for belt certification testing. In addition to the registration fee, participants are expected to purchase a uniform from the instructor and pay for belt registration fee. 6 weeks. Min 8/Max 20

Who: Ages 6 years old & up **Where:** Edgemoor Room, lower level Murzyn Hall

When: Winter Session: Thursdays, Jan. 11 - Feb. 15

Level 1: No belt - Yellow belt	**Time:** 6:00 - 6:45 pm	**Fee:** $49	**Activity** # 2232-W18
Level 2: Orange belt & higher	**Time:** 6:45 - 7:30 pm	**Fee:** $49	**Activity** # 2233-W18

When: Spring Session: Thursdays, Feb. 22 - March 29

Level 1: No belt - Yellow belt	**Time:** 6:00 - 6:45 pm	**Fee:** $49	**Activity** # 2235-w18
Level 2: Orange belt & higher	**Time:** 6:45 - 7:30 pm	**Fee:** $49	**Activity** # 2236-w18

Youth Basketball Boys Grades 2 - 6, December - March

This North Metro Youth Basketball league will focus on instruction, skill development, and organized games with referees. Games will be on Saturdays, and Sundays, at school gyms in Spring Lake Park, Coon Rapids, Blaine, and Anoka. Uniforms included: jersey and shorts. Practices will be held in the city gym at the Hylander Center, 1300 49th Avenue, door #38. Registrants may be shifted to even out teams. Max of 10 per team. Volunteer coaches are needed. Please contact the Recreation office as soon as possible to volunteer and process the background check.

Registration Deadline November 22, as teams need to be submitted to the league.

When: Boys season December - March. Practice schedule to be determined by coach, and are typically be held one or two weeknights. Practices in the City Gym at the Hylander Center door #38.

Boys Season: December - March **Fee:** $45

Boys Grades 2	Boys Grades 3	Boys Grades 4	Boys Grades 5	Boys Grades 6
Schedule TBD	Schedule TBD	Schedule TBD	Schedule TBD	Schedule TBD
Activity #1530-17	Activity #1531-17	Activity #1532-17	Activity #1533-17	Activity #1534-17

***Register for programs online at www.chreconline.org**

Ice Skating Youth in 2nd -8th Grades

Join Sam & Erick Rolstad on Saturday afternoons for 5 weeks, January 6 - February 5 at Ostrander Park for ice skating lessons, with hot cocoa and marshmallows in the warming house. Older youth can get help with skating skill or play games.

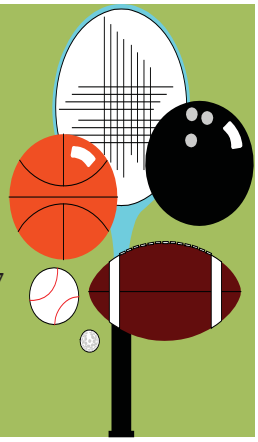
When: Saturdays, January 6 - February 5
Where: Ostrander Park

Who: 2nd - 5th graders **Beginning Ice Skating**
Time: 1:00-2:00 pm **Fee:** $15 **Activity #** 1214-18

Who: 6th - 8th graders **Skating Club Open Skate** **Time:** 2:00-3:00 pm **Fee:** $15 **Activity #** 1215-18

Sports Sampler for Kids

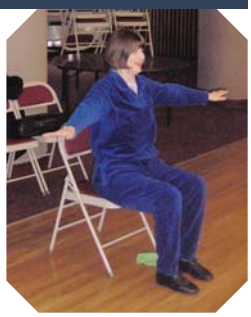
This is a great opportunity for younger kids to get active this winter! Sam will give an introduction to sporting activities such as baseball/softball, basketball, soccer, football, kickball, volleyball, frisbee golf, track & field, parachute, bowling, hula hoops, jump ropes, hopscotch, four square, throwing and catching. Min 10/Max 25



Who: Boys & Girls, 4 years - Kindergarten
Glitter Bugs: Tuesdays, Jan. 30 - Feb. 27
Time: 6:00-7:00 pm
Where: Valley View Elementary Gym
Fee: $15 **Activity #** 1100-W18

Who: Boys & Girls, 1st - 3rd Grade
Dyno-Hites: Tuesdays, Jan. 30 - Feb. 27
Time: 7:00-8:00 pm
Where: Valley View Elementary Gym
Fee: $15 **Activity #** 1101-W18

Stompin' At The Hall 55 years & older



Increase your energy! Improve your flexibility and circulation through walking, stretching, and exercising at a level that is safe for you. Bring a mat or blanket for floor exercises. Choose one or two sessions. Men & women welcome. Classes held at Murzyn Hall.

***Beginner** New to Stompin'? Great! We would love for you to join on either day. Sign up for the Beginner class and Judy will meet with you individually to show you the exercise routines so you become familiar with he class style prior to joining the rest of the class. Begins Jan. 8 - eventually joins one of the other days. Call to be added to the list 763-706-3730.

Mondays	**Thursdays**
Date: Jan. 8 - March 5	Jan. 11 - March 8
*No Class 1/15, 2/19	
Time: 9:00 - 10:05 a.m.	9:00 - 10:05 a.m.
Activity # 8202-W18	# 8204-W18
Cost: $19.25 - 7 classes	$24.75 - 9 classes

ADULT Aerobic Dance

These classes are for adults interested in motivated workouts involving low impact dance steps. Enjoy this vigorous and fun exercise class that will help you get and stay in shape. Class uses low impact dance steps. Bring a mat or blanket for floor exercises. Class is held at Murzyn Hall, Main Hall, Min 8/Max 25

	Tuesdays	**Thursdays**
Date:	Jan. 9 - March 6	Jan. 18 - March 8
Time:	6:30 - 7:35 p.m.	6:30 - 7:35 p.m.
Activity	# 8206-W18	# 8207-W18
Costs:	$24.75 - 9 classes	$22.00 - 8 classes

Total Body Conditioning

Tone your muscles with this Total Body Workout taught by Donna, AFAA certified group fitness instructor & personal trainer. Improve posture, balance and core strength through a variety of exercises and stretching for flexibility. We will lunge, squat, and sculpt in a motivating atmosphere. All fitness levels are encouraged. This is your workout and you are encouraged to work at your level while pushing yourself just a little more each time. Bring a set of 2 lbs and/or 5 lbs weights, a bottle of water, a yoga mat or towel, and tennis shoes. Min 8.

Who: Adults, all ages & skill levels
Where: Edgemoor Rm, lower level Murzyn Hall
Time: 6:00-7:00 p.m.

When: Wednesdays, Jan. 10 - Mar. 7 *No class Feb. 14
Fee: $48 **Activity #** 5101-W18

When: Wednesdays, Mar. 14 - May 2 **Fee:** $48 **Activity #** 5101-Sp18

Crochet Class

Do you love to crochet? Would you like to improve your skills, get some new ideas, or just set aside some weekly time to focus on your hobby? Then this class is for you! This is a fun social group that loves to crochet! Bring your own projects. We will share patterns and ideas while working together to solve problems and learn new skills.

Who: Ages 16 & over **Time:** 6:30 - 8:00 p.m.
Where: Keyes Rm, upper level Murzyn Hall

Winter session: Thursdays, Jan 4 - Feb 22, There's still room please join us!
Fee: $10 **Activity #** 2654-W18

Winter Session:
Thursdays, March 1 - April 26 *No class March 29
Fee: $10 **Activity #** 2653-W18

HYLANDER CENTER

WHAT: The exercise room contains 2 treadmills, 3 elliptical machines and various weight machines. Open gym, when not in use for programming, for basketball, & volleyball.

WHO: Adults & Youth, Residents/Non-Residents

WHEN: Monday - Friday 9:00 - 11:00 a.m.
Mondays - Thursdays 6:00 - 8:30 p.m.
Closed if hosting a tournament and on holidays
Calendar available at www.ci.columbia-heights.mn.us

WHERE: Hylander Center - East Door #38
1300 49th Avenue, on the North side of CH High School.

PARKING: Directly across 49th Ave. there are designated marked stalls for Hylander Center users.

COST: $1 Daily drop in
$10 monthly pass for adult Residents
$20 monthly pass for adult Non-Residents

REGISTRATION INFORMATION

Columbia Heights Recreation – Registration Form Phone: 763-706-3730

Register online at www.chreconline.org or Bring / Mail the Form to: 530 Mill Street NE, Columbia Heights MN 55421

Participant Name:_____ Birthdate:_____ Grade:____ Male/Female:_____

Address:_____ City:_____ State:_____ Zip:_____

Parent/Guardian Name:_____ Home Phone:_____

Email Address:_____ Work/Cell Ph:_____

Emergency Contact Name:_____ Phone:_____

Activity Name	Activity Number	Fee
1._____	#_____	$_____
2._____	#_____	$_____
3._____	#_____	$_____

Make checks payable to "City of Columbia Heights" **Total Due** $_____

Data Privacy: I understand that this information will only be made available to program staff, the City's insurer and attorney, and to others connected with the program for the purposes of administering the activity and providing me with the notice of scheduling changes. I agree to participation in the aforementioned activity(ies) and I further agree to indemnify, and hold the City of Columbia Heights harmless from and against any and all liability for any injury which may be suffered by the aforementioned individual(s) arising out of, or in any way connected with, participation in this activity.

Senior Center

The CH Senior Center, (lower level of Murzyn Hall, 530 Mill Street NE.) provides educational, social and recreational programs to those 55 years and older in the community. The center is open Monday - Friday from 9:00 a.m. to 4:00 p.m. and is handicapped accessible. For more information call 763-706-3735. Visit the City website www.columbiaheightsmn.gov, under Departments go to Recreation and then Senior Citizens. You will find a copy of the monthly Senior Highlights, Trip Flyer, and more information.

"500" Club

Our '500' club meets on Wednesdays beginning at 10:00 a.m. in the Senior Center. This is for anyone who enjoys playing in a more structured setting. Participants play until noon and contribute 25 cents per time for coffee and dessert. Please stop by and give it a try.

Cribbage

A senior cribbage group meets every Friday at 10:00 a.m. in the Senior Center. All levels are welcome.

Chores & More

This is for persons over 60. If you need assistance with various household services including house cleaning, mowing, raking, snow removal, and minor repairs, please call 763-783-4767, Monday through Friday. We utilize a sliding fee scale and for income eligible, a suggested donation. Funding support under contract with the Metropolitan Area Agency on Aging, Inc. as part of the Older Americans Act Program.

Senior Outreach

The Senior Outreach Program (ACCAP) for Columbia Heights provides assistance to senior and disabled adults throughout Anoka County. Helping people find resources in the community to help enable them to remain independent. Did you know that there are programs to help subsidize your energy bills, prescription discount programs, food assistance, free insurance counseling, "Store to Door" grocery shopping and legal aid assistance that comes to local senior centers? Senior outreach workers can come to your home and assist you with access to these programs. For information call Karen F., Senior Outreach Worker for Columbia Heights 763-783-4741.

Active Agers

This monthly newsletter informs seniors of the programs, classes & special events being offered at the center. Available at the Senior Center, Recreation Office, CH Public Library, City Hall and senior housing facilities and online www.columbiaheightsmn.gov.

Blood Pressure

Blood Pressure is checked free of charge on the second Monday of every month in the main hall from 1:00 p.m. to 1:45 p.m. by the CH Fire Dept.

AARP Safe Driver (Refresher)

4 hour Courses. All AARP Safe Driver Refresher Courses are $22.00 per person. This course meets refresher requirements of every three years. Individuals do need to be preregistered and prepaid one week prior to the course being offered. Most courses meet in the Senior Center lower level of Murzyn Hall.

Walking Club

The Senior Walking group meets every Wednesday morning for fellowship and exercise. Meet in the parking lot behind Murzyn Hall at 8:40 a.m. rain or shine! New walkers always welcome.

Footcare for Seniors

"Happy Feet Footcare, Inc." will be providing foot care for seniors at the CH Senior Center the first & third Wednesday of the month from 9:00 a.m. - noon. To make an appointment you must call 763-560-5136.

The cost is $36 per visit and payment is due at the time of service. "Happy Feet" nurses specialize in routine foot care for seniors and diabetic feet. They work on corns, calluses, thick or curled toenails and ingrown nails if they are not well advanced. A foot soak and massage are provided with each visit. Remember you must schedule an appointment.

Please register early for all Recreation programs so that we can ensure each program will be a success!

**Theater Trips!*

Mpls Institute of Arts!!

**Snow Tubing!!*

**Skiing!*

Upcoming Sports

`Boys Basketball! `Wrestling! `Gymnastics! `Dance! `Ice Skating!
`Tae Kwon Do! `Sports Sampler!

The Recreation Department would like to extend a special Thank You to all of the volunteer coaches! We are successful because of you.

*Register for programs online at www.chreconline.org

Register for all programs at Columbia Heights Recreation 530 Mill Street. 763-706-3730

Bienvenido

INFORMACION DE LA INSCRIPCION

*La inscripciónes en línea al www.chreconline.org. Las Inscripciones son aceptadas en persona o a través de correo regular dirigido a Columbia Heights Recreation, John P. Murzyn Hall, 530 Mill Street N.E., Columbia Heights, MN 55421. Puede pagar en efectivo o con cheque. La caja de correos para depositarlo después de las horas de atención esta localizado en la parte este del edificio. También puede inscribirse a través del teléfono llamando al 763-706-3730, y puede pagar con tarjeta de crédito: Discover, Visa, o Master Card.

Los Participantes de la beca: Aplique en nuestra oficina para la ayuda si es que no puede pagar una de las actividades. La beca cubrirá el 75% del costo del programa (descuento máximo es de $25); el 25% restante tiene que ser cubierto por los padres del participante o tutor. Por favor traiga una copia de la declaración de impuestos Federal o la carta de verificación de que su hijo(a) recibe almuerzo gratuito en el Distrito Escolar. Solo una beca por niño(a) por cada carta informativa.
*Esta iniciativa se financia en parte con una subvención del Departamento de Educación de MN usando fondos federales, CDFA 84.287, IV B-21st Century Community Learning Centers.

Columbia Heights All-America City 2016

COLUMBIA HEIGHTS
REDISCOVER THE HEIGHTS

CITY NEWSLETTER

WINTER 2017-18

Recycling, composting kits available for events

Several block parties throughout Columbia Heights on National Night Out in August used the opportunity to capture more recycling materials. For example, a church used larger recycling and organic kits from Anoka County for their celebration, and two residents used the city's organic event kits for their block party. Several others used their own household organic pails for the evening. Above, Jesse Davies, left, of the Public Works Department, and Councilmember Nick Novitsky helped people sort their recyling and organics into the correct containers. If you would like to request recycling and organics kits for your event or function call (763) 706-3700. After the event, collected materials can be taken to the city's recycling center at 3801 Madison St. NE.

City seeks community input into 10-year plan

Columbia Heights is updating its Comprehensive Plan and would like your thoughts and ideas. The Minnesota Land Planning Act requires all cities in the state create and maintain a Comprehensive Plan, used to manage growth and land planning.

In the seven-county metro area, the Metropolitan Council oversees this process to ensure that all cities are planning in a way that does not strain regional resources. Comprehensive Plans address land use, housing, transportation, economic development, parks and water resources. Plans must be updated every 10 years. In the metro area, updated

City, continued on page 2

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Columbia Heights, MN 55421
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Budget process moves forward

As required under the city charter, the city manager provided the Columbia Heights City Council with a proposed 2018 budget and property tax levy at the city council meeting on Aug. 28. That document provides 133 pages of information on the proposed 2018 budget and property tax levy, including comparisons to the current year budget and to two prior years of actual expenses. The proposed budget is available on the city website, under the finance department page for budgets and financial reports.

Based on direction from the city council, existing contract obligations, and other factors, an increase to the city's gross property tax levy of

Budget, continued on page 7

Community event kicks off holiday season

Local food and music will be featured at the annual Taste of Columbia Heights Holiday Kick-Off on Friday Nov. 17, from 6 to 9:30 p.m. in Murzyn Hall, 530 Mill Street.

Admission is free. It's just $2 for each food sample from a wide variety of local restaurants. Stop by for a quick bite to eat or stay the whole evening and enjoy everything this event has to offer.

"This special community event is meant for everyone so I encourage you to attend," said Mayor Donna Schmitt. "It's a wonderful opportunity to meet community members, try new foods and enjoy great music."

Music will showcase local performers and winners of the annual Heights Idol Jamboree competition. "We have so much talent and so many good restaurants in our community," said Liz Bray of the city's recreation department. "This Holiday Kick-Off is the perfect opportunity to feature them."

There will also be FREE wine and beer tasting from Columbia Heights Top Valu Liquor with full cash bar provided by the Columbia Heights Lion's Club.

For more information, see recreation news on the flip side of this newsletter or call (763) 706-3733.

Free Home & Garden Show will be January 27

Mark your calendars for a free event that will meet all of your home improvement, remodeling and landscaping needs!

The 20th Annual North Metro Community Home & Garden Show will take place Saturday, Jan. 27, from 9 a.m. to 3 p.m. at the NSC Sports Expo Center in Blaine. The event features a variety of exhibitors, seminars, door prizes, a sponsor treasure hunt, and kid's activity center.

This annual event is sponsored by the Cities of Columbia Heights, Blaine, Fridley and Mounds View. Staff from each sponsor city will also be available to answer your questions about housing, development and city planning.

For more information and updates about the North Metro Home & Garden Show, please visit the website at https://north-metrohomeandgarden.com/.

City, continued from page 1

Comprehensive Plans are due to the Metropolitan Council in 2018.

Columbia Heights kicked off its Comprehensive Plan revision process earlier this year. The city is currently reaching out to residents at various city events to gain input into what people would like to see happen in the community over the next decade. An interactive tool on the city's website also allows residents the opportunity to provide input online at www.columbiaheightsmn.gov.

If you'd like more information about the Comprehensive Plan revision process, or if you'd like to provide feedback, please visit http://www.ci.columbia-heights.mn.us/departments/community_development/comprehensive_plan.php or contact City Planner Elizabeth Holmbeck at (763) 706-3673 or eholmbeck@columbiaheightsmn.gov.

Meet Your Neighbor: Dale Schuetz

Dale Schuetz is an extraordinary volunteer who is involved in numerous community projects. He also loves to share his enthusiasm for service with young people and find ways for them to volunteer and contribute to their community.

Dale is a past Columbia Heights Humanitarian of the Year, on the Columbia Heights School District's Community Education Advisory Council, and member and past president of the Columbia Heights-Fridley Kiwanis Club

He's also a long-time advisor for the Columbia Heights High School Key Club, which is a service organization sponsored by Kiwanis. A goal of the club is to develop a passion for volunteer service among high school students and teach them leadership and character skills. Dale says his involvement with Key Club keeps him optimistic about the future because he's met so many caring and talented students who are growing into wonderful community leaders.

Liz Bray of the city's recreation department says that Dale is a dependable, dedicated and hard-working volunteer who is always willing to help out with a summer lunch program for children, a dinner theater summer program and anywhere else he's needed.

Why volunteer: Dale says his volunteerism stems from his hometown farm community where everyone joined together to help each other when needed. His faith was a catalyst for church volunteer service and helping settle refugee families in our area. Dale agrees with a statement on a student's poster which says: "Volunteer service is often done by those who don't have the time, but do it anyway because they recognize the importance of making a difference in the lives of people and the community."

Interesting volunteer activities: Dale and his Key Club are involved in volunteering with the Columbia Heights Recycling Center/Composting, SACA, Salvation Army bell ringing, Columbia Heights Prayer Breakfast, Crest View, Homeless sleep-out fundraiser, rake-a-thons, and the Sheridan Project to package weekend food for children in need. He also helps with preschool screening of youngsters ages 3-5.

Lived in Columbia Heights: Since 1980 with wife, Barb. They raised two daughters and continue to live in the community they love.

Why Kiwanis membership? The group's focus aligns with how Dale lives his life: "Columbia Heights-Fridley Kiwanis is all about changing the world one child and one community at a time. We help to build future leaders for our world." More information about Kiwanis can be found on Facebook at https://www.facebook.com/chfkiwanis

Favorite Heights Hangouts: Dale loves to walk his dogs in Kordiak Park, eat delicious food at Asia Chow Mein, La Casita and Tasty Pizza, and spend time with the wonderful students and staff members at Columbia Heights High School.

Apply for city commissions by March 2

Residents are encouraged to apply for any of the six volunteer advisory commissions for the City of Columbia Heights. It's a great way to learn about your city and become more involved.

Expiring board and commission terms are reviewed annually in the spring. To be considered for upcoming spring appointments, please return application by March 2. For more information and applications, go to www.columbiaheightsmn.gov and click on "Boards & Commissions" under the "Government" tab.

POLICE DEPARTMENT

The Columbia Heights Police Department office is open Monday through Friday, 8 a.m. to 4:30 p.m. The telephone number is (763) 706-8100. The office is located in the Public Safety building, 825 41st Avenue NE. The police department is closed on weekends and holidays.

A telephone is located inside the entry doors that can be used after hours to request assistance.

For general information, activities, ordinances, and services, visit www.chpolice.com, find us on Facebook.com/chpolice, and follow us at twitter.com/colhgtspolice.

Feedback used to update CHPD strategic plan

The Columbia Heights Police Department (CHPD) is currently updating its strategic plan. The police department has utilized a strategic plan since 2009 to provide guidance on several areas of police operation. The plan includes objectives on problem-oriented policing, community policing, communication, accountability and training/equipment.

"Having a strategic plan helps to keep the police department focused on yearly goals and ensure we are accountable to meeting our objectives," said Police Chief Lenny Austin. "The plan outlines major goals and assigns responsibility for accomplishing these goals."

The original strategic plan was drafted by the leadership team, with input from line officers. It has been updated yearly since 2009 and now is mainly crafted by line staff with input from all police department members. In addition to the police employees, the department gathers feedback from numerous stakeholders including business partners, members of Neighborhood Watch groups, landlords, the city's multi-cultural advisory committee and other city departments.

The 2018 plan will be finalized in December. View the current strategic plan at www.chpolice.com.

What you can do to avoid theft, burglary

Being the victim of a theft or burglary can be a very expensive and emotional experience. The good news is there are several steps that you can take to make yourself less likely to become a victim. At your home keep in mind the three L's which include your Lights, Landscape and Locks.

Make good use of lighting around your property to discourage people from being able to hide or lurk in the area. Be sure bushes and plants near the house are properly trimmed and maintained for the same reason. Also, invest in high quality deadbolts and install the strike plate with 3-inch screws to make it harder to force the door open.

Other ways to discourage thieves include the installation of a home security system and security cameras. A dog can also help deter strangers from entering your property.

The police department encourages you to record serial numbers for valuable property and electronics. This can be easily done with a cell phone camera as soon as the item is purchased. Store the information in a safe place that is accessible in the event of a burglary. If you are interested in a home security survey, contact the CHPD at (763) 706-8125.

Don't leave your vehicle unattended

With the changing temperatures, many people are tempted to start their vehicles and let run and warm up unattended, with the keys in the ignition. This is a violation of the city's Open Ignition Ordinance, and increases the opportunity for auto thefts. A vehicle cannot be left unattended within Columbia Heights, whether on public or private property, without first locking the ignition and removing the key from the vehicle.

Spotlight: Officer Dale Sorensen

Officer Dale Sorensen started with Columbia Heights Police Department as a community service officer in 1996. The next year, he was promoted to patrol officer and has served the department and community of Columbia Heights for 20 years in that role. During those years, he has served as a field training officer, an investigator, part of the street crimes unit, and a drug task force detective.

Dale was introduced to law enforcement from a family friend, who at the time was a police officer in Minneapolis. The officer took Dale on a ride-along, and that experience showed Dale that he wanted a career as a police officer. Dale has also worked as a firefighter and reserve police officer in Bloomington, and has worked security at the Mall of America while attending college to study law enforcement.

Dale is still a part-time firefighter with his local fire department. He has a busy family life, with two children who are heavily involved in sports and extra-curricular activities. He enjoys time at the family cabin when possible to relax on the lake or around the campfire.

Winter parking restrictions continue through March 31

Winter parking enforcement begins each year on Nov. 1 and continues through March 31. No vehicle or trailer may be parked or left unattended on any public road or parkway within the City of Columbia Heights at any time between the hours of 2 and 6 a.m. without a parking permit issued by the Columbia Heights Police Department. A permit may only be issued under certain conditions. Please contact the police department for further information.

LIBRARY

3939 Central Ave NE
Library Director: Renee Dougherty
Information and Reference (763) 706-3690
At-home Service (763) 706-3681
Renewal: (763) 324-1590

www.anokacountylibrary.org
www.columbiaheightsmn.gov
Cable Channel 19
www.facebook.com/ColumbiaHeightsPublicLibrary

New Columbia Heights Library offers wonderful spaces

Have you visited the new Columbia Heights Library? The library is a great place to study, research, discover or just enjoy a good book in a cozy seating area near the fireplace.

Winter Reads 2018

January and February

Curl up with a good book — in print, audio, or on your tablet, reader, or smart phone! Tell us what you liked best about your book and you might even win a prize!

Minnesota State Capitol Furnishings Project

Monday, Dec. 11, at 6:30 p.m.

The Cass Gilbert Society is on the hunt for missing, original furnishings from the Minnesota State Capitol. Of the roughly 1,600 pieces of furniture that architect Cass Gilbert designed for our Capitol, just over half are known to exist. Hear how Project Manager Natalie Heneghan has tracked down chairs, desks, and even original windows that have disappeared from the Capitol over the last 100 years.

Open to Business

Dec. 12, Jan. 9, Feb. 13 from 1:30 to 4 p.m.

Open to Business provides free one-to-one business counseling to current and prospective entrepreneurs in our community. Open to Business consultant Kathleen DuChene will be available in the library on the second Tuesday of each month. She can help with strategic planning, marketing, writing a business plan, seeking funds to start or expand a business, and general management and bookkeeping training for new business owners. Open to Business is a program of the Metropolitan Consortium of Community Developers in partnership with Anoka County Housing and Redevelopment Authority. Call (763) 438-7315 for more information.

Protect Your Privacy Online

Tuesday, Dec. 5, at 6 p.m.

Modern life leaves digital footprints everywhere we go. Is your online activity safe and secure? Learn how to stay safe when using social media, email, search engines, and making online purchases. Presented by Twin Cities Media Alliance and funded by MELSA (Metropolitan Library Service Agency).

Conversation Circles for English Language Learners

Wednesdays and Thursdays at 1 p.m.

Want to practice your English speaking skills? Conversation Circles is an informal gathering of English-language adult learners who meet at the library to practice their speaking skills in a group setting with help from an English-speaking volunteer. No need to register; just come when you can.

Library Book Club

Wednesdays, Dec. 20, Jan. 17, Feb. 21 at 10 a.m.

Drop in for a favorite book discussion or become a regular member. Book Club meets in the library at 10 a.m. on the third Wednesday of each month. Contact the library for upcoming book titles.

Scrabble Club (Adults)

First and third Tuesdays of each month 6:30 p.m.

Exercise your brain and challenge others to a friendly game of Scrabble! Everyone welcome. No need to register. Hosted by the Friends of Columbia Heights Library.

Senior LinkAge Line®
1-800-333-2433
A One Stop Shop for Minnesota Seniors

Senior Surf for Adults 55+

Wednesdays, Dec. 6, Jan. 3 or Feb. 7 from 9:30 to 11:30 a.m.

Get hands-on computer experience with help from representatives of the Senior LinkAge Line. Learn computer basics, how to navigate and search the Internet and how to access websites of interest to seniors. Register online for any session or call (763) 706-3690. Presented in collaboration with Minnesota Board on Aging and Metropolitan Area Agency on Aging.

Library Hours
Monday-Wednesday: 9 a.m. to 8 p.m.
Thursday-Friday: 9 a.m. to 5 p.m.
Saturday: 11 a.m. to 4 p.m.
Sunday: CLOSED

Library Holidays
Christmas holidays, Monday-Tuesday, Dec. 25 and 26, closed
New Year's Day, Monday, Jan. 1, closed
Martin Luther King Jr. Day, Monday, Jan. 15, closed
Presidents Day, Monday, Feb. 19, closed

Storytime @ the Library

Jan. 8- Feb. 26

Family Storytime

Mondays, 10:30 to 11 a.m.
Share books, songs, and rhymes with your children at this storytime. Librarians, caregivers and children will sing, talk, read, write and play together to build early literacy skills.

Baby Read, Baby Grow

Thursdays, 10:30 to 11 a.m.
(For infants ages birth to 24 months and their parents or caregivers)

Baby Read, Baby Grow is a program for infants ages birth to 24 months and their parents and caregivers. Join us at the library for read-aloud stories, sing-a-longs, activities and lots of fun. Sessions include tips and hints on what to look for as your child develops and ways to ensure your infant's intellectual growth matches his/her physical growth. Baby Read, Baby Grow is free and is part of the early literacy collaboration between the library and the Columbia Heights School District's Early Childhood Family Education (ECFE) program.

Family Night

Wednesday, Dec. 6, 6:30-7:30 p.m.
Wednesday, Jan. 3, 6:30-7:30 p.m.
Wednesday, Feb. 7, 6:30-7:30 p.m.
Spend the first Wednesday of the month at a literacy-based family event. Each program will include a story and related activities such as crafts, songs, games, or STEAM focused projects. For families.

Books Move Me Yoga Storytime

Monday, Dec. 11, 10:30 a.m.
Monday, Dec. 18, 10:30 a.m.
Through story, developmental movement and yoga, this class builds skills in the areas of: early literacy, learning readiness, and executive function. In this interactive class, grown-ups are required to release their inner child as we ignite our imagination becoming cats, cows, dogs, frogs and lions all in one class! This active class helps develop better body awareness, self-control, flexibility and coordination. A great opportunity for adult and child to come together in a fun and healthy way. Ages 2-6. Registration required.

LEGO Club

Wednesday, Dec. 13, 4 to 5 p.m.
Wednesday, Jan. 10, 4 to 5 p.m.
Wednesday, Feb. 14, 4 to 5 p.m
Do you love all things LEGO? We'll provide the LEGOs, you bring the imagination. For grades K-6. No registration required.

Maker Club

Wednesday, Dec. 27, 4 to 5 p.m.
Wednesday, Jan. 31, 4 to 5 p.m.
Wednesday, Feb. 28, 4 to 5 p.m.
Calling all tinkerers, creators and crafters! Join us after school for STEAM related projects. For grades K-5. Registration not required.

Early Reader Club

Thursday, Jan. 11, 4 to 4:45 p.m.
Thursday, Jan. 25, 4 to 4:45 p.m.
Thursday, Feb. 8, 4 to 4:45 p.m.
Thursday, Feb. 22, 4 to 4:45 p.m.
Designed for very beginning readers to practice phonics and sight words in a fun, engaging environment. Grades K-2. Registration required.

Block Party

Tuesday, Jan. 16, 10:30 to 11:30 a.m.
Play at the library! Have fun building and creating with a variety of blocks. Block play builds math, science, motor, and social skills. For ages 2-5 and their parents or caregivers.

Toddler Obstacle Course

Tuesday, Feb. 20, 10:30 a.m.
Come play on our obstacle course specially designed for little ones. Toddlers can explore large motor obstacles including a tunnel and other fun challenges. For ages 2-5 and their parents or caregivers.

Teen Advisory Board (TAB)

Saturday, Dec. 16, 2 to 3 p.m.
Saturday, Jan. 20, 2 to 3 p.m.
Saturday, Feb. 17, 2 to 3 p.m.
TAB is a group of teens who participate in the functioning of the library and is a forum to have your opinions heard. Membership is open to grades 6 through 12. See Bri, the children's librarian for more information. The group meets on the third Saturday of each month from 2 to 3 p.m.

Volunteering

Learn more about the library, help your community, meet new people and earn community service hours for school. For teens ages 13 and older who are self-motivated, reliable, and want to have fun. Applications are available at the library.

4-H Tech Wizards

Tuesdays, Jan. 9–Feb. 27, 4 to 6 p.m.
Tech Wizards is a free program that engages youth in small group mentoring around technology and STEM concepts in partnership with Anoka County 4-H. For grades 5-8.

Marvel Valentine's Party

Wednesday, Feb. 14, 6 to 7:30 p.m.
Maybe you love the Marvel Universe or maybe you love love. Either way, join us at the library this Valentine's Day to celebrate all things Marvel. Test your knowledge, play some games, create a Marvel valentine for that special someone, and more. For teens in grades 6-12.

COUNCIL CORNER

by Bobby Williams, Member of the Columbia Heights City Council

Where does Columbia Heights drinking water come from?

We are very proud of our drinking water system in Columbia Heights and the work that is done to deliver the highest quality drinking water to our community. So how does this happen?

Buying single serve bottled water can cost more than $10 a gallon, while drinking tap water costs about ½ penny per gallon. AND, the Federal Standards that our tap water meets every day exceeds those for bottled water! Because of the ultrafiltration plant, we have some of the purest water in North America. This plant removes particles so small that a standard microscope cannot detect them.

Columbia Heights purchases all of its drinking water from the City of Minneapolis, who pumps and treats water from the Mississippi River. Minneapolis was the first Minnesota city with a public drinking water system and celebrated its 150th year of operation in 2017.

Multiple treatment processes are used to treat the water, including softening, sedimentation, filtration, and disinfection to remove impurities; fluoride was added to the process in 1957 to help prevent tooth decay. The river water is initially treated at the MWW plant in Fridley and then pumped to a state-of-the-art ultrafiltration plant in Columbia Heights for finishing.

Because of the ultrafiltration plant, we have some of the purest water in North America.

The City of Columbia Heights is responsible for drinking water throughout the city. Water is provided by a connection to large ground reservoirs off of Stinson Boulevard near our water tower.

Columbia Heights invests heavily in maintaining and improving our water infrastructure. We have annual programs to flush water mains to remove particles, clean and line pipes to restore their original condition, and replace pipes that have had a history of breaks.

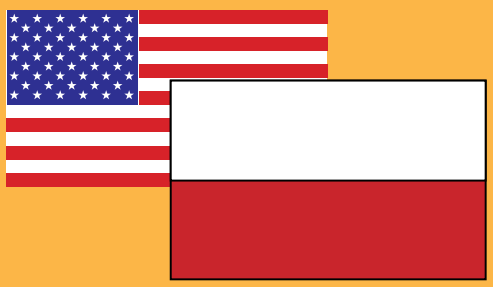
So, enjoy our top quality city water to quench your thirst, cook your meals and brew your coffee.

Sister City group reports on activities

Four members of our Columbia Heights Sister Cities' International (SCI) group traveled to Poland in September to attend the annual commemorative events hosted by our Sister City, Lomianki, Poland. Gregory and Sandra Logacz, Phyllis Husted and John Bieniek attended the solemn commemorative mass and program in honor of the American Flyers of the ill-fated U.S. Air Force B-17 "I'll Be Seeing You" that crashed near Lomianki on Sept. 18, 1944. (Our members pay for their own travel expenses and are not reimbursed by the City of Columbia Heights.)

Lomianki again sponsored the re-enactment of the September l, 1939, Battle of Lomianki when the Germans invaded Poland and started World War II. Our members were special guests of honor at this incredible event and also visited the Children's Therapy Park complex near Lomianki to present our financial donation of $1,000. This facility sponsors free hippotherapy (horseback riding) programs and other types of therapy treatments for children at no cost to the families.

During Polish American Heritage Month in October, we celebrated with a variety of offerings. Mayor Donna Schmitt read a special proclamation at a Columbia Heights City Council meeting. Display cases in the public library featured both of the national awards (2015 and 2017) that our SCI group has received from SCI/Washington, D.C., for Outstanding Overall Annual Programs; books and miniatures of Wojtek, the celebrated Polish Soldier Bear; posters and memorabilia arranged by "General" Edward and Ceil Sikorski.



The English version of the World War II documentary, "Frantic 7" can now be ordered via Amazon for delivery in December. We sponsored the translation from Polish to English, and are excited that the long awaited publishing is a reality. To our knowledge this is the first project of this kind ever to be sponsored by a Sister Cities' organization.

Our members will be participating in various events sponsored by PACIM (Polish American Cultural Institute of Minnesota) including a Polish soup supper; Wigilia (traditional Christmas Eve dinner); Dolina Dancers' programs, and the Bal Karnawalowy (Carnival Ball) in February.

We will again be sponsoring the SCI Showcase for Young Artists (art competition for our local students – ages 13–18 years). The open house for the public, when professional artists judge all entries, will take place at Columbia Heights High School in April 2018. This year's theme is "The Art of Diplomacy."

Our regular meetings are at 1 p.m. on the second Tuesday of each month. Our current official membership is 106. Membership is open to everyone; you do not have to be Polish. For more information, contact Membership Chair Patricia Sowada at (763) 574-1305 or Co-Chairs Gloria Bergstrom (651) 633-0506 or Dolores Strand (763) 571-1709. We have 10 meetings per year and do not meet in July or December. DO WIDZENIA/I'LL BE SEEING YOU!

Submitted by Dolores Puente Strand, (763) 571-1709 or dpstrand@usfamily.net.

Connie Buesgens, Bobby Williams, Donna Schmitt, John Murzyn, Jr. and Nick Novitsky.

The Mayor and City Council members are your elected representatives. City Council meetings take place at 7 p.m. on the second and fourth Mondays of each month in the council chambers at city hall, 590 40th Ave NE. Meetings are broadcast live on Channel 16 and are rebroadcast on other days. For more information, including agendas and minutes, go to www.columbiaheightsmn.gov.

Donna Schmitt, Mayor	(763) 706-3607	dschmitt@columbiaheightsmn.gov
Connie Buesgens, Council Member	(763) 788-5072	cbuesgens@columbiaheightsmn.gov
John Murzyn, Jr., Council Member	(763) 781-4983	jmurzynjr@columbiaheightsmn.gov
Nick Novitsky, Council Member	(612) 760-4463	nnovitsky@columbiaheightsmn.gov
Bobby Williams, Council Member	(763) 788-1113 (612) 414-3981 (c)	rwilliams@columbiaheightsmn.gov

Budget, continued from page 1

$529,000 or 4.9% is proposed for 2018.

The gross property tax levy includes both the share of taxes paid by Columbia Heights taxpayers and the Area-Wide Fiscal Disparities Subsidy paid by metro area property owners outside of Columbia Heights. In 2018, the metro subsidy will temporarily decrease by $182,000 for one year. Consequently, the local taxpayers' increase for 2018 will be $529,000 plus $182,000; a total of $711,000. Approximately $200,000 of this increase will be effectively rebated to the local taxpayers in 2019 when the subsidy is restored.

A new on-going component within the tax levy proposed for 2018 is approximately $114,000 per year for acquisitions of residential properties for redevelopment on Central Avenue. This tax revenue will be combined with other funding sources, as part of the Central Avenue revitalization project approved by the Economic Development Authority's board in 2017.

In 2018, the city will receive approximately $1,656,000 in state aid to local government (LGA). Under the city's five-year financial plan, $475,000 of this 2018 state aid will be used within the 2018 operating budget. The remainder is allocated to governmental funds for debt service ($550,000), equipment ($200,000), buildings ($250,000), and infrastructure/park improvements ($181,000). If not for this state aid, these items would otherwise be paid for with property taxes.

>> PUBLIC HEARING

The city council will hold a public hearing on the proposed 2018 budget and tax levy at city hall on December 11, 2017, before taking final action on the matter. Prior to the public hearing, Anoka County will mail to each property owner a statement of the owner's proposed share of the 2018 proposed tax levy for the city, as well as the proposed share for the county, the school district, and all special districts.

Long-time city newsletter has a new look

The Columbia Heights city newsletter, formerly known as Heights Happenings, has been around for a long time and was starting to show its age. With the new modern look of the city's website, it was time to boost the newsletter with a makeover aligned with the website's design. This redesign of the newsletter is important in strengthening the city's brand and image.

Columbia Heights All-America City 2016

MISSION STATEMENT Our mission is to provide the highest quality public services. Services will be provided in a fair, respectful and professional manner that effectively address changing citizen and community needs in a fiscally-responsible manner.

This newsletter is published four times a year by the City of Columbia Heights to keep residents informed about their city. More information is available on the city's website at www.columbiaheightsmn.gov.

IMPORTANT PHONE NUMBERS

Police/Fire/Medical Response	911
If you cannot complete your call using 911	(763) 427-1212
CITY OFFICES	(763) 706-3600
TTY/TDD	(763) 706-3692
Mayor & City Council	(763) 706-3607
City Clerk	(763) 706-3611
City Manager	(763) 706-3610
Personnel-General	(763) 706-3606
Assessing	(763) 706-3700
Garbage/Refuse Pick-up/ Recycling (Advanced Disposal Services)	(763) 225-8705
Utility Billing	(763) 706-3640
Public Works Dept.	(763) 706-3700
Engineering/Maintenance Operations Emergency After Hours	911
Fire Dept. Administration & Information/ Emergency Management	(763) 706-8150
Fire Chief	(763) 706-8152
Assistant Fire Chief	(763) 706-8154
Rental Housing/ Property Maintenance Inspections	(763) 706-8156
Police Administration & Information Records & Info., Patrol, Investigations	(763) 706-8100
Crime Prevention	(763) 706-8100
Police Chief	(763) 706-8100
Community Development	(763) 706-3670
Comm. Dev. Director	(763) 706-3675
City Planner	(763) 706-3673
Bldg. Permits/ Licenses	(763) 706-3678
Recreation Dept.	(763) 706-3730
Recreation Director	(763) 706-3732
Senior Programs	(763) 706-3735
Athletics Coordinator	(763) 706-3733
Youth Enrichment Coordinator	(763) 706-3733
24-Hour Info. Line-Murzyn Hall info., Weather Cancellations, Directions	(763) 706-3737
Murzyn Hall Rental	(763) 706-3734
Columbia Heights Public Library	(763) 706-3690
U.S. Post Office, 940 44th Ave. N.E.	800-275-8777

FIRE DEPARTMENT

825 41st Ave NE, Columbia Heights, MN 55421
fire@ci.columbia-heights.mn.us

Be up to date on activities and regular safety reminders of the Columbia Heights Fire Department by following us on Facebook and Twitter.

Non-Emergency: . . . . . (763) 706-8150
Emergency: . . . . . Call 9-1-1
Fax: . . . . . (763) 706-8151
Housing Maintenance Inspections: (763) 706-8156
fireinspections@ci.columbia-heights.mn.us

Take time to keep fire hydrants clear of ice, snow

The Columbia Heights Fire Department would like to remind you that a clearly visible, accessible fire hydrant could save your home – or even your life. If a fire hydrant is lost or buried in snow, firefighters can lose valuable time trying to locate it upon arrival at a fire. Perform a valuable public service and protect yourself, your family, and your neighbors by shoveling out and clearing any fire hydrants near your home during and after a snowstorm. With snow sure to be on the way, we offer these suggestions:

- Know the location of all fire hydrants in your neighborhood.
- Clear the snow three feet all around the hydrant so firefighters have enough room to connect a hose.
- Look out for your elderly neighbors or those with handicaps by taking a few extra minutes to shovel out their hydrants.

Sidewalks must be clear of ice and snow

Keeping our sidewalks free of ice and snow is the neighborly thing to do and it's the law.

Columbia Heights Ordinance (Section 8.203) requires that property owners remove all snow and ice from public sidewalks 24 hours after the snow or other precipitation has ended. Failure to shovel sidewalks results in an expense to property owners for the cost of having a city contractor do the work.

"We are all responsible for keeping Columbia Heights safe and comfortable for winter walking," said Fire Chief Gary Gorman. "For yourself, your neighbors, police, fire and ambulance services, as well as people pushing strollers or using wheelchairs, please do your part by keeping your sidewalk clear of ice and snow."

If you have questions or concerns, please contact the Columbia Heights Fire Department Inspection Office at (763) 706-8156.

Law requires carbon monoxide detectors in single-family homes

All single-family homes in Minnesota are required to have an approved carbon monoxide (CO) detector within 10 feet of each bedroom or sleeping area.

What is carbon monoxide?

Carbon monoxide, often called CO, is a poisonous gas. You cannot see, smell, or taste it. Carbon monoxide poisoning can happen when you have a large amount of this gas in the air in your home at one time, or smaller amounts of the gas in the air for several days. CO is produced when fuels like gas, oil, kerosene, wood, charcoal or coal burn.

What does carbon monoxide poisoning do to our bodies?

Carbon monoxide poisoning can make you headachy, dizzy, tired, or sick to your stomach. If you and your family feel this way in your home, get better when you leave your home, and then get the same sick feelings back when you return home, you may have carbon monoxide poisoning. Carbon monoxide can kill you.

How do I keep carbon monoxide from getting into my home?

Carbon monoxide can get in your home when fuels are burned to heat your home, to heat water, or when cooking. Your heating equipment should vent (send) this gas outside of your house. Sometimes chimneys don't work well and the burning gases get into your house. Carbon monoxide in car exhaust may leak into your home from an attached garage. Air in the room mixes with the burning gases and goes up the chimney. All air should flow up the chimney, not down. When your furnace or water heater is heating, the vent connector should be very hot.

Carbon monoxide is a poisonous gas. It can kill you.

Who is at risk for carbon monoxide poisoning?

Everyone can be poisoned by breathing in too much carbon monoxide. Everyone! But this gas is especially dangerous for pregnant women and their unborn babies, infants, children, elderly people, and people who have anemia or some heart and lung health problems.

How can I find out if my home has too much carbon monoxide in it?

Health professionals and heating equipment experts recommend that you have a trained person check your heating equipment. You can install a carbon monoxide detector with an alarm in your home. Install this detector near bedrooms so that the detector's alarm will wake your family if too much carbon monoxide is in the air. Detectors cost from about $30 to $50.

What do I do if the alarm on my detector rings?

Get the family outside and call 911. This is very important if anyone in your family feels sick. The operator will ask if an emergency response (fire department or ambulance) is necessary. If not an emergency:

- Open windows and shut off fuel-burning equipment, if possible.
- Contact your fuel supplier or someone trained to repair heating equipment or chimneys.

How can I protect myself and my family from carbon monoxide poisoning?

- Make sure that heating equipment, chimneys, and vent pipes are in good condition.
- Buy a carbon monoxide detector and install it near your family's bedrooms.
- Burn charcoal or use gas grills only outside your house.
- Never leave your car motor, snowblower, lawn mower, or portable generator running in an attached garage or next to an open window so that carbon monoxide does not leak into your house.
- Do not use a gas range or oven to heat your home. The oven burners will make too much carbon monoxide inside your house.
- Do not use fuel burning equipment indoors, including inside tents, fishing or ice houses, garages or boat cabins.

Open house provides information to keep residents safe

There was much to see and do at the annual open house hosted by the Columbia Heights Fire Department on Sept. 23 during National Fire Prevention Week.

The theme of the event -- "Every Second Counts: Plan 2 Ways Out!" -- encouraged residents to develop two escape plans in case of a fire.

According to the National Fire Prevention Association, mere seconds can mean the difference between escaping safely from a fire or having lives end in tragedy.

In addition to developing an escape plan, the association recommends that everyone:

- Practice your home fire drill twice a year. Conduct one at night and one during the day with everyone in your home, and practice using different ways out.
- Teach children how to escape on their own in case you can't help them.
- Make sure the number of your home is clearly marked and easy for the fire department to find.
- Close doors behind you as you leave – this may slow the spread of smoke, heat and fire.
- Stay outside once you get outside.

Never go back inside a burning building.

The open house also stressed the importance of making sure that all smoke alarms in the home are working.

Other activities included tours of the fire station, displays of fire trucks, rides in antique fire trucks, and demonstrations of firefighting equipment. One dramatic demonstration showed how quickly sofas can burn when they catch on fire.

How to prevent your water pipes from freezing

During extreme cold conditions homeowners can experience issues with frozen water service lines. If the water line freezes, you will be without water. Property owners are responsible for the water service line from the meter in the house to the main out in the street. Thawing frozen service lines and plumbing can be costly. Frost is pushed lower into the ground as the weather warms up, so the risk of frozen service lines can continue until March or April.

Here are steps you can take to help keep water lines from freezing.

- Check the water temperature: Allow "cold" water to run from the faucet until it is cold and then check the temperature with a small indoor/outdoor thermometer that registers at least 32 degrees. The water temperature should be around 45 degrees. If the temperature drops below 40 degrees, frost may be getting close to your service line and you could have an impending freeze up.
- If needed, let the water run: Let a faucet that has a supply pipe running along an outside wall drip or run at a pencil size stream throughout the day and night. Flowing water freezes slower than standing water in a pipe. The extra cost on your water bill can be considered as insurance to avoid the inconvenience and expense of correcting a frozen service line.
- Do not turn your heat down during windy cold days: The cooling down period allows pipes to be exposed to the cold that penetrates the walls before it enters your home.
- Leave cabinet doors under sinks that face outside walls open: These areas are not generally heated and receive cold air coming in through walls.
- If possible, insulate walls where piping runs.
- Keep garage doors closed when not in use.
- Shut off water to outside faucets.
- Have someone check on your house when you go out of town: Total house freeze ups result when the heat goes out and the temperature in the house drops below 32 degrees. All the plumbing in the home then freezes.

Winter reminders

Please shovel or blow snow onto private property. It is a violation of City Ordinance to place snow from your property in the street.

Maintain the public sidewalks in the city right-of-way in front of your property, as required by City Ordinance.

To avoid expensive damage to the garbage containers, please set them behind the curb at the end of the driveway on trash pickup day, not in the street. Ensure your garbage and recycling collection spot is cleared of snow and ice (as much as possible) before the truck operator arrives to empty the containers.

New refuse contract offers more recycling options:

Columbia Heights City Council members approved a new refuse contract at their meeting on Oct. 23 that will expand recycling options.

The 5-year contract was awarded to Waste Management who was the low, qualified and responsible bidder. The city also included additional recycling services and Recycling Best Management Practices (RBMP) in the contract for *bulk recycling* (furniture, mattresses, carpet), *unlimited* every other week single-sort recycling, and organics comingled in the yard waste cart on the curb.

All other services in the contract remain the same:

– "Full Service" trash
– Unlimited yard waste recycling
– One "free" appliance recycling/year
– Subsidized electronic recycling
– Recycling Center drop off
– Christmas tree recycling.

Waste Management will begin emptying trash and recycling carts on Jan. 1, 2018. Their customer service number is 1-888-960-0008. Organics collection in the yard waste cart will not start until April 2018; so look more information in the city's newsletter in February 2018. Since the city now owns all carts in the field, residents will not need to exchange their carts. All carts will receive new labels sometime next year.

In 2015 the City Council set utility rates through 2019 so the 5-year rate plan will remain intact and will not increase due to this new contract. Also, the yard waste/organics cart charge will be lowered from the current $5.12 to $2.50/month.

The main goal of Columbia Heights Solid Waste Management is to reduce trash disposal, especially since the city pays a separate $75/ton for disposal, which amounts to over half a million dollars per year. In addition, the Minnesota State Legislature has given the Minnesota Pollution Control Agency (MPCA) a mandate to recycle 75% of all refuse by the year 2030. The MPCA has developed numerous RBMPs and the city is implementing several of them in the new contract.

Select de-icing products that minimize damage

De-icing salts can spell disaster for landscape plants, vehicles, and nearby lakes and streams. The most common de-icing agent used is called sodium chloride, which causes severe decline in plant and tree health. Salt runoff can wash into the soil increasing salt levels causing root systems to grow weak, which reduces the ability of foliage to fight disease.

Salt applied near your home can enter nearby streams and lakes directly from the road or from surrounding melting snow. A sudden or extreme change in "saltiness" can be harmful to aquatic life as well. You can reduce pollution of local streams, lakes and landscape vegetation by selecting the proper materials and methods for removing ice and snow.

Apply salts only when necessary and in the appropriate manner and follow these recommendations:

- Spread ice melting products thinly and evenly over the pavement prior to ice formation. It is easier to prevent ice than to try to melt a thick layer of ice.
- Use alternatives such as clean cat litter or sawdust to help improve traction on ice (sand is NOT recommended for residential use).
- Use less salt than is recommended by the manufacturer.
- Add a small amount of water with the de-icer to help initiate melting.
- Protect your plants with burlap or durable plastic screens to shield them from traffic splash and use salt-tolerable plants.

Make way for snow plows

Please make way for snowplow operators engaged in snow removal or ice control on city streets. These vehicles are equipped with a flashing, oscillating or rotating amber light. Operators have the discretion to disregard traffic laws when in their judgment it is safe to do so.

After a snowfall of 3 or more inches, no parking on the street is permitted until it has been plowed from curb-to-curb. Parking restrictions in Columbia Heights are:

- No parking on city streets from 2 to 6 a.m. Nov. 1 to March 31.
- No parking on city streets after a 3-inch snowfall until the street is plowed curb-to-curb.
- No parking on city streets for longer than six hours.

All parking permits are subject to suspension for snow removal or other emergencies.

REFUSE, RECYCLING AND YARD WASTE

Advanced Disposal Services, Inc. (formerly Veolia ES)

Customer Service Phone: (763) 225-8705
beginning Jan. 1, 2018: 1-888-960-0008
columbiaheights-ads@advanceddisposal.com
www.advanceddisposal.com/mn/saint-paul/saint-paul-collection/guideline/columbia-heights-mn

Anoka County Recycling & Resource Solutions

(763) 324-3400
www.anokacounty.us/recycle

City Refuse/Recycling website

www.columbiaheightsmn.gov/departments/public_works/
Public Works Department Phone:
(763) 706-3700

Holiday Schedule

- Veterans Day, Nov. 10: No delay in service
- Thanksgiving Day, Nov. 23: Thursday & Friday service delayed by one day
- Christmas Day, Dec. 25: Monday-Friday services delayed by one day
- New Year's Day, Jan. 1: Monday-Friday services delayed by one day
- Martin Luther King Jr. Day, Jan. 15: No delay in service
- Presidents Day, Feb. 19: No delay in service

Recycling

- Visit www.columbiaheightsmn.gov/departments/public_works/recycling.php for curbside list.
- Single-sort recycling collection is every other week. Please check the Refuse & Recycling web page or call (763) 225-8705 for your collection day.
- Please do not place recycling materials in plastic bags; dump the items loosely in the cart or use paper bags. Plastic bags cause problems with the sorting system at the processing plant.
- Rinse out cans, bottles and containers.
- Large recycling carts are available, call (763) 706-3700.

Yard Waste

- Collection ends the week of November 20th.
- Use compostable bags only and place on street curb.
- Brush should be bundled in manageable 3-foot lengths and branches cannot be more than 4" in diameter.
- To schedule Christmas tree collection, please call Waste Management at 1-888-960-0008.
- Anoka County yard/tree waste site (763) 767-7964
- Yard carts are available, call (763) 706-3700 to order.

Computers/Electronics Recycling

Electronics must be properly disposed of due to the hazardous nature of the material. Call Advanced Disposal Services at (763) 225-8705 to schedule a pickup. A flat $20 collection fee will be charged. Items must come from the property.

Bulk Collection

To ensure timely pickup of bulky items such as furniture, carpet and mattresses, call (763) 225-8705 to arrange for collection before placing outside. Items must have come from the property. Please try to sell, donate or recycle the items first.
www.anokacounty.us/recycle

Appliance Recycling

Call Advanced Disposal Services at (763) 225-8705 to arrange for a pickup at your home. Please empty freezers and refrigerators and remove doors. Each property is offered one free appliance pickup per calendar year.

Household Hazardous Waste (HHW)

Some household products are hazardous and should not be placed in the garbage. Take unneeded paint, cleaners, automotive fluids, fluorescent bulbs and garden products to: Anoka County Household Hazardous Waste Facility, 3230 101st Ave. NE, Blaine.

There is no charge to use the facility. Proof of residency is required.

For more information:
Anoka County Recycling & Resource Solutions
(763) 324-3400
www.AnokaCounty.us/recycle

Columbia Heights Recycling/Drop Off Center for area residents and businesses

Location and hours:

- Madison Street and 38th Place NE
- Saturday, 9 a.m. to 1 p.m., closed holiday weekends

Items accepted:

- Metal containers
- Glass and plastic (#1-7) containers
- Paper and cardboard
- Household batteries
- Antifreeze
- Aluminum cans
- Any scrap metal items
- Used oil and oil filters
- Fluorescent bulbs
- String lights

Tires: Leave old tires at the store when purchasing new ones. Only residents may bring four car or light truck tires per year. MUST be off the rims.

Organics drop-off: Call (763) 706-3700 to order a free starter kit and required bags for disposal.

ONLY BRING ITEMS LISTED ABOVE. CALL (763) 706-3700 FOR QUESTIONS.

Recycling Tip:

Recycling in Columbia Heights is unlimited and the hauler will pick up extra materials outside the cart. Continue your recycling routine even when the cart is full by using paper bags or a recycling box. Take large items to the city's Recycling Center, e.g., large cardboard boxes. You can also use the Recycling Center when you have an excess amount of recycling from birthday and holiday parties.

Organics kit available for your events

An organics event kit is available for residents to use at local gatherings and events upon request. After the event return the kit to Public Works and the organics will be emptied into the drop-off containers at the Recycling Center.

Cleaning is a recycling opportunity

There are many spring/fall cleaning and garage sale recycling options provided by the City of Columbia Heights and local donation drop spots. For more information visit www.columbiaheightsmn.gov or call (763) 706-3700 to request a recycling packet.

TOP VALU LIQUOR

TOP VALU STORE I: (763) 706-3819 • TOP VALU STORE II: (763) 706-3813 • HEIGHTS LIQUOR (763) 706-3790

TOP VALU LIQUOR
Store #1: 4950 Central Ave. NE
Store #2: 2105 37th Ave. NE

Courvoisier VS 750 ml

$19.97

0 55421 10178 2

Coupon expires 12/31/17. While supply lasts. No further discount. Store not responsible for typographical errors.

TOP VALU LIQUOR
Store #1: 4950 Central Ave. NE
Store #2: 2105 37th Ave. NE

Pinnacle Vodka 1.75 liter

$13.97

0 55421 10053 2

Coupon expires 12/31/17. While supply lasts. No further discount. Store not responsible for typographical errors.

TOP VALU LIQUOR
Store #1: 4950 Central Ave. NE
Store #2: 2105 37th Ave. NE

Knob Creek 9 YR 750 ml

$24.97

0 55421 10004 4

Coupon expires 12/31/17. While supply lasts. No further discount. Store not responsible for typographical errors.

TOP VALU LIQUOR
Store #1: 4950 Central Ave. NE
Store #2: 2105 37th Ave. NE

Menage a Trois Red Blend 750 ml

$7.97

0 55421 30182 3

Coupon expires 12/31/17. While supply lasts. No further discount. Store not responsible for typographical errors.

TOP VALU LIQUOR
Store #1: 4950 Central Ave. NE
Store #2: 2105 37th Ave. NE

Sterling Vintners Chardonnay 750 ml

$4.97

0 55421 30277 6

Coupon expires 12/31/17. While supply lasts. No further discount. Store not responsible for typographical errors.

TOP VALU LIQUOR
Store #1: 4950 Central Ave. NE
Store #2: 2105 37th Ave. NE

Leinenkugel Craft 12 packs

$11.97

0 55421 20075 1

Coupon expires 12/31/17. While supply lasts. No further discount. Store not responsible for typographical errors.

TOP VALU LIQUOR
Store #1: 4950 Central Ave. NE
Store #2: 2105 37th Ave. NE

Louis Jadot Beaujolais Villages 750 ml

$9.97

0 55421 30203 5

Coupon expires 12/31/17. While supply lasts. No further discount. Store not responsible for typographical errors.

TOP VALU LIQUOR
Store #1: 4950 Central Ave. NE
Store #2: 2105 37th Ave. NE

Founders Brewing 15 pack cans

$14.97

0 55421 20105 5

Coupon expires 12/31/17. While supply lasts. No further discount. Store not responsible for typographical errors.